

Build your support network and find out information about dementia in Nottinghamshire

Get information to help you support someone with dementia and look after yourself

Our Information Programmes are for family, friends and carers living with dementia. A friend or relative may have been recently diagnosed or have had dementia for some time.

The sessions are run by skilled, compassionate and experienced staff.

Where to find us?

We will be holding this session virtually on Zoom. All details will be sent to you in advance of the sessions so you will be able to log in and attend.

Our Information Programme runs

22nd August 2023 10am–12:30pm

29th August 2023 10am–12:30pm

12th September 2023 10am–12:30pm

19th September 2023 10am–12:30pm

Please contact your local office before attending

To find out more contact us on:

nottspdss@alzheimers.org.uk

Telephone 0115 934 3811

alzheimers.org.uk